



# LILIES TAILOR SHOP 2009 EARLY ROMAN



MISTRESS MAIRGHEAD DE CHESHOLME & MASTER JACK BANYARD

Welcome to the fifth year of the Lilies Tailor Shop! Started in 2005 by Master Jose Felipe Francisco el Sastre de Madrid, we have continued to expand and improve each year. Our goal is to promote medieval, renaissance, and Elizabethan sewing and the production of costumes for the SCA in a historical atmosphere. We strive to provide attendants to the Lilies War with an environment that enables them to learn medieval sewing techniques using period tool and textiles. All skill levels are welcome. By the end of each war, attendants have worked together to create an entire outfit for Their Majesties Calontir. Thank you for your interest and attendance, we look forward to another great year!

**MAGGIE AND JACK**



**Roman Costume**

When we think about Roman costume, the first thing that comes to mind is the toga. Romans inhabited much of Europe at their height and the garments they wore were necessarily a little more involved. Simple construction does make the costume of early periods stand out, but instead of one simply draped garment, Romans wore tunics, undergarments, and varying other layers. The Lilies Tailor Shop this year will construct approximately three layers for each of Their Majesties for the purposes of our demo.

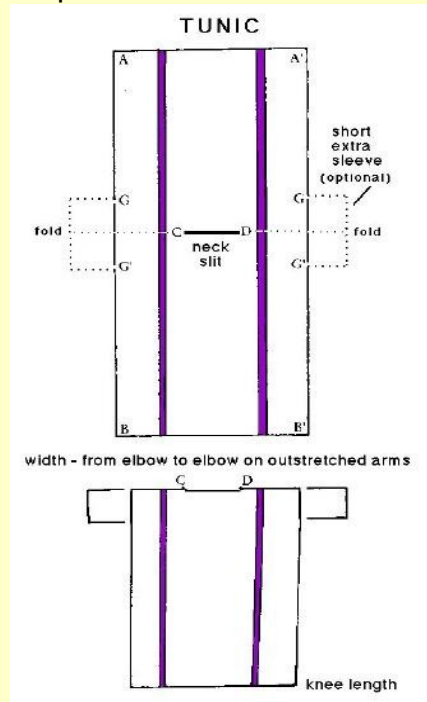
## Special Thanks:

- Her Ladyship Carmina .....research and planning
- Master Alan of Darkdale.....teaching and management
- Mistress Finolla.....research and encouragement
- Her Ladyship Thora .....teaching and management and weaving trim
- Mistress Aobhinn .....weaving fabric
- Mistress Ceara.....weaving and management
- Her Ladyship Luzia.....weaving fabric
- Master Brian.....His Majesties shoes
- Mistress Comyn.....Her Majesties shoes
- His Majesty Martino.....support and cooperation
- Her Majesty Ariel.....support and cooperation
- Her Ladyship Christine.....weaving trim

## Tunica



This 7<sup>th</sup> century Egyptian tunic provides an excellent example of tunic structure in Late Antiquity.

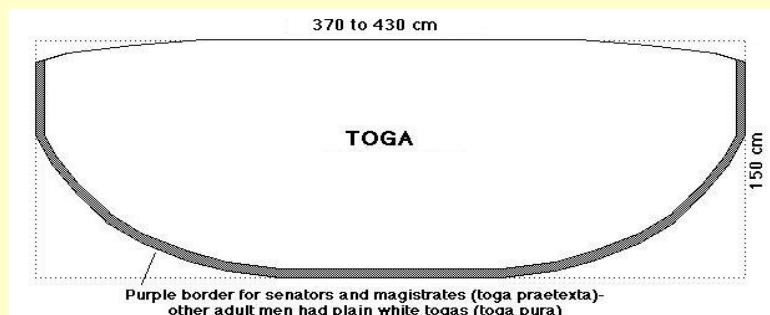


## Toga

The toga is a gown covering the entire body. Stylistic elements are created by draping the fabric.

Wrapping: "Let the toga, which in this case was probably not far from an exact semicircle, be held behind the figure, with the curved edge downwards. First, one corner is thrown over the left shoulder; then the other part of the garment is placed on the right shoulder, thus entirely covering the back and the right side up to the neck. It is then passed over the front of the body, leaving very little of the chest uncovered, and reaching downwards nearly to the feet. The remaining end, or corner, is then thrown back over the left shoulder, in such a manner as to cover the greater part of the arm. By this arrangement the right arm is covered by the garment, a circumstance noticed by Quintilian; but it was occasionally released by throwing the toga off the right shoulder, and leaving it to be supported on the left alone."

[http://penelope.uchicago.edu/Thayer/E/Roman/Texts/secondary/SIMGRA\\*/Toga.html](http://penelope.uchicago.edu/Thayer/E/Roman/Texts/secondary/SIMGRA*/Toga.html)





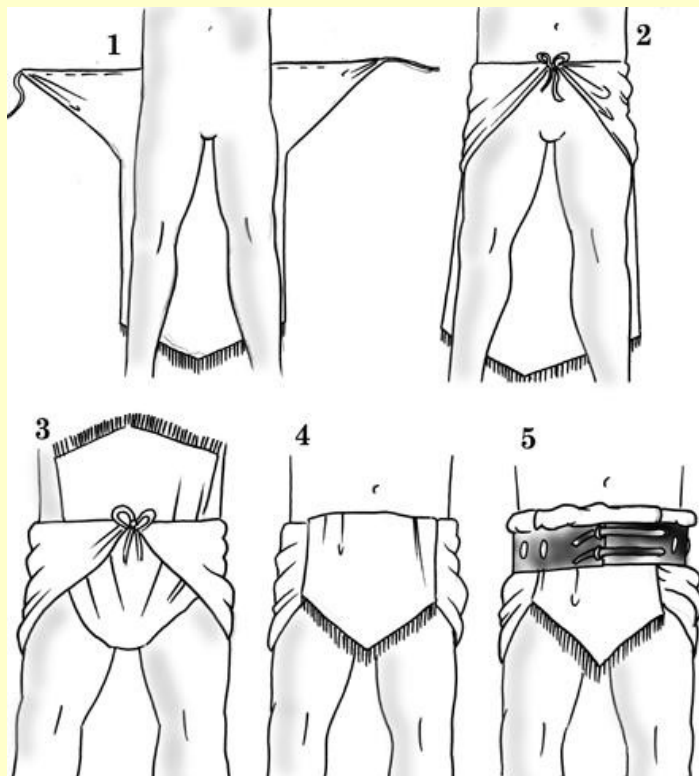
## Men's Garments

Men wore simple layers:

- The *subligaculum*
- *undertunica*
- The *tunica* (clavus)
- The *toga*
- *Balteus* (sword belt)
- The *Soleae* (shoes)



Strophium and subligatum on women athletes



A theory of wrapping subligatum

## Women's Garments

Women wore simple layers:

- the *strophium* (breastband)
- *undertunica*
- *tunica*
- *Palla* (mantle)



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from <http://homepage.usask.ca/~jrp638/CourseNotes/costume.html>

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