

¶ Wel auff mich in du schines werdt
 (Dit mir bey den lantzscheken bleydt
 Den mijsen ysaehen hont mit waschen
 Und mit nachtragen fact vil flesch)

Und wo ich mag elanget peydt
 Das mijst behaken du mit steydt
 Wat wir dat fortunen von den hauffen
 Das wir die peyt niet en verlauffen.



Niwas Mademan briesfines

Sorg byt te Vangen bruidet

Hosen

Hosen



Hosen

Hosen are the intuitive descendents of leg wrappings found in the early middle ages. They provided the medieval man with an easy to wear leg protection that provided comfort and durability. They provide the SCA costumer with a difficult task to reproduce. Many SCA participants choose not to bother with trying to unravel the mystery of fitting this garment. It doesn't have to be difficult though. With a few basic measurements a flat pattern can be developed. Even easier, with a yard of scratch fabric, the costumer can drape the wearer's foot and make a pattern using pins and scissors.

For this hand out, we will talk about the basic measurements and construction of hosen. The two basic styles we will discuss are short and long hosen.

Hosen were made from silk, wool, or linen. Popular colors included red, yellow, black, blue, green, violet, grey and white. Decorated fabrics were incorporated and often the two legs did not match. These choices were dictated by time and place, and can be seen in surviving art.

Short hosen were held up with a garter around the top of the calf muscle. Longer hosen were tied to the drawers or tunic of the wearer

for support. Each of these types were cut on the bias of the fabric to allow for ease and comfort while wearing. After making the hosen pattern, the pieces should be laid out on the diagonal across the fabric. The amount of ease to add is up to personal preference and the amount of stretch in the fabric. If hand sewing, use a back stitch to allow for stretch. On the home sewing machine, choose a stretch stitch if available.

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